

INTERVIEW WITH ASSISTANT COACH SCOTT FERGUSON, FROM THE KAMLOOPS BLAZERS HOCKEY TEAM

Scott, how did you like the course? I thought it was excellent and a lot of fun.

How long did it take to do the whole course? I don't know how long it took as we had a big group and got held up a bit, but it was probably an hour and a half / two hours.

How did you hear about Sky Trek Adventure Park? And why did you decide to come here? We wanted to do a team building activity with our hockey team. Our trainer Colin Robinson had been through the Enchanted Forest with his kids and saw the ropes course being built a few years ago. After he looked it up on the internet he thought it would be a good idea to bring our guys out here, and get a chance to have some fun outside doing the ropes course.

Was everyone willing to do the course? We never told them what we were going to do. So when we showed up, the guys were pretty excited. I think there was only one guy that was a little scared of heights and ended up coming back. But it looked like all the guys had a lot of fun and they were pretty excited to do it. It was something new for them to try.

Do you think it was appropriate for each team member to come here? Oh yeah! I think our young guys had a lot of fun. It's challenging, it's using your mind, not just your body, and it's fun. You come with a large group, all your friends are there and everyone is having a good time laughing and joking around. I thought the guys really enjoyed it.

In general which games did you like the most? The ropes course is a lot of fun. I thought the ziplines where you just kind of let go, sit into your harness and zip between the trees are a lot of fun. They were my favorite part, not just for the young guys but for the old guys too!

Did you feel comfortable seeing your team in the trees? Yes. I thought the training was really good. The guides started them off close to the ground and made sure that everybody was safe when they went up in the trees. Once you got up there, it's amazing how quickly you remember what you need to do to stay safe. I wasn't worried at all. I know that the guides took the time to make sure that we did the right things. It was great to watch the fun that everyone was having and they were still responsible making sure that everyone was hooked in at all times. I thought the training was really good.

What did you do on the Adventure Tower? I did the Sky Swing. It was a lot of fun. I was one of the last guys to go so I kind of knew what to expect a little bit. But just watching the guys doing the team building stuff on the Jacobs ladder was a lot of fun. It's good for them to work together as a pair, trying to figure out how to get up the ladder. The Tower has been great. It's another activity to get the guys working together.

Do you think it's a learning experience for them or just fun? Yes, it's a learning experience and it's fun. For our hockey team, it's a lot of team building. You want the guys to work together and try to accomplish something and at the same time, you want them to have a lot of fun. On the ropes course guys are telling each other how to get across, and are giving each other encouragement while having a lot of fun doing it. With the tower and Jacobs Ladder, they have to work together as a pair and make sure they help each other to get to the top. It combines everything we want for our hockey team: having fun while still working together to accomplish something.

Would you recommend it for a school group as well? I would recommend it to schools or just kids in general. I think you can make it as fun or challenging as you want. Our guys are a bit older and it's a good team building thing, but schools would have a great time too. They also have the kids area which looks like a lot of fun for younger children; so it's lots of fun for any age group.